3rd INTERNATIONAL WORKSHOP ON LUNG HEALTH
Asthma & COPD: converging or diverging chronicity?

Monaco
15 - 17 January 2016

Presidents
Francesco Blasi
Giorgio Walter Canonica

Chairmen
Stefano Centanni
Christian Virchow
Tobias Welte

Preliminary Programme
Welcome to Montecarlo

Dear Colleagues & Friends,

It is our great pleasure to invite you to participate, and more importantly to contribute to the success of the 3rd International Workshop on Lung Health Asthma and COPD: Converging or diverging chronicity? which will take place in the beautiful city of Monaco on 15-17 January, 2016.

Following a very successful workshop in Valencia (February 2015), attended by over 500 participants and taking into account the requests of the participants themselves, in 2016 the Workshop will be dedicated to the Asthma and COPD and their impact on lung health. It will be focused on similarities and differences between the two most important chronic pathologies affecting the lungs and on overlap syndrome with new updates and developments in the discipline, including important topics such as guiding the treatment approach, the future of respiratory disease management, managing chronicity is adherence possible? and many other important aspects.

This congress, organized by AMR – Allergies et Maladies Respiratoires and by ILLH - International League on Lung Health, two international sections of the AMPCM (Association Monégasque pour le Perfectionnement des Connaissances des Médecins), offers a great opportunity to discuss these topics with the best international experts and practitioners, as well as to contribute with your own experience. This congress is the perfect setting to get the most updated state of the art information on the latest developments in research and clinical practice in the field of lung health. It also gives you the opportunity to debate on controversial issues, challenges, and solutions, and to bring your personal contribution to the area.

For young professionals it is the perfect occasion to actively participate in the congress where you can discuss your research work with internationally renowned lung health professionals. And most importantly, it gives you a unique opportunity to bond and become part of the global network of the like-minded professionals and colleagues.

We will be therefore glad if you will choose to join us and share your knowledge with your colleagues in a friendly learning environment.

Yours Sincerely,

F. Blasi
G.W. Canonica
S. Centanni
J. C. Virchow
T. Welte
IMPORTANT DATES

3 November 2015
DEADLINE FOR “RISING STARS” ABSTRACT SUBMISSION

12 November 2015
DEADLINE FOR ABSTRACT SUBMISSION

24 November 2015
EARLY BIRD REGISTRATION

IMPORTANT ADDRESSES

ORGANIZING SECRETARIAT:

PUBLI CRÉATIONS - 74, Bd d’Italie - 98000 Monte-Carlo - Monaco
Ph. +377 97 97 35 55 - Fax +377 97 97 35 50
E-mail: lunghealth@publiccreations.com - Website: www.lung-health.org

CONGRESS VENUE:

SALLE D’OR – Avenue des Spélugues – 98000 Monaco (MC)

www.lung-health.org
14.00 – 15:00

**RISING STAR SESSION**

Chairs: F. Blasi, G.W. Canonica, S. Centanni, T. Welte, J.C. Virchow

*Each lecture will be followed by 10’ question time and 5’ of comments and advices by the Chairmen.*

15.00 – 15:45

**OPENING LECTURE**

Chairs: G.W. Canonica (Italy)

**Biological drugs in asthma and COPD: 2016 update**

*Stephen Holgate (UK)*

15.45 – 16.45

**SYMPOSIUM**

16.45–17.15

**COFFEE BREAK**

17.15 – 18.30

**SESSION 1: PRO-CON:**

**Asthma management: Continuous Therapy is the choice.**

Chairs: S. Centanni (Italy), J. Bousquet (France)

17.15 – 17.35

**PRO:** Nicolas Roche (France)

17.35 – 17.55

**CON:** Alberto Papi (Italy)

17.55 – 18.05

**PRO:** Rebuttal

18.05 – 18.15

**CON:** Rebuttal

18.15 – 18.30

Discussion

18.30 – 19.00

**KEYNOTE LECTURE**

Chairs: F. Blasi (Italy)

**Severe asthma new guidelines**

*Elisabeth Bel (The Netherland)*

19.00 – 19.30

**LECTURE**

19.30–21.00

**OPENING RECEPTION**
### Scientific Program - Saturday, 16 January 2016

**08.30 – 09.00**  
**KEYNOTE LECTURE**

Chairman: A. Torres (Spain)

**Pneumonia or Exacerbation of COPD**

*Stefano Aliberti (Italy)*

**09.00 – 10.15**  
**SESSION 2: GUIDING THE TREATMENT APPROACH OF ASTHMA AND COPD?**

Chair: A. G. Chucalin (Russia), F. Di Marco (Italy)

**09.00 – 09.20**  
**Asthma Phenotyping**

*Mina Gaga (Greece)*

**09.20 – 09.40**  
**COPD Phenotyping**

*Marc Miravitlles (Spain)*

**09.40 – 10.00**  
**Biomarkers in Asthma and COPD**

*Fulvio Braido (Italy)*

10.00 – 10.15  
Discussion

**10.15–10.45**  
**COFFEE BREAK**

10.45 – 12.00  
**SESSION 3: THE FUTURE OF RESPIRATORY DISEASE MANAGEMENT**

Chairs: F. Blasi (Italy), G. Joos (Belgium)

**10.45 – 11.05**  
**The Path to Personalized Medicine in COPD**

*Guy Brusselle (Belgium)*

**11.05 – 11.25**  
**The Path to Personalized Medicine in Asthma**

*Giorgio Walter Canonica (Italy)*

**11.25 – 11.45**  
**Integrated Care Pathways in respiratory diseases**

*Jean Bousquet (France)*

11.45 – 12.00  
Discussion
### Scientific Program - Saturday, 16 January 2016

**12.00 – 13.00** SYMPOSIUM

**13.00 – 14.00** LUNCH

**14.00 – 15.30** SESSION 4: MANAGING CHRONICITY: IS ADHERENCE POSSIBLE?

Chairs: P.A. Santus (Italy) – T. Welte (Germany)

14.00 – 14.20 Adherence as crucial moment in Chronic Diseases Management

*Fulvio Braido (Italy)*

14.20 – 14.40 Technical Features of Inhalation Devices

*Henry Chrystyn (UK)*

14.40 – 15.00 Discussion

**15.00 – 15.30** KEYNOTE LECTURE

Chairman: N. Roche (France)

**Obstructive Sleep Apnea: clinical pathways in at risk population**

*Mark Elliott (UK)*

**15.30 – 16.30** SYMPOSIUM

**16.30 – 17.00** COFFEE BREAK
17.00 – 18.00  |  **SESSION 5: REMODELLING: FRIEND OR FOE?**

Chairs: J. C. Virchow (Germany), V. Brusasco (Italy)

17.00 – 17.20  |  Airways remodeling: the functional side  
*Martin Miller (UK)*

17.20 – 17.40  |  Airways remodeling: the inflammatory side... and possible modulation  
*Giorgio Walter Canonica (Italy)*

17.40 – 18.00  |  Discussion

18.00 – 18.30  |  **KEYNOTE LECTURE**

Chair: C. Robalo – Cordeiro (Portugal)

*Scaling up strategies of the Chronic Respiratory Disease programme*  
*Jean Bousquet (France)*
### Scientific Program - Sunday, 17 January 2016

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
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<tbody>
<tr>
<td>08.00 – 09.00</td>
<td><strong>POSTER SESSIONS</strong>&lt;br&gt;Chairmen: F. Blasi, G.W. Canonica, S. Centanni, J.C. Virchow, T. Welte</td>
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<tr>
<td>09.00 – 09.30</td>
<td><strong>KEYNOTE LECTURE</strong>&lt;br&gt;Chair: S. Elborn (UK)&lt;br&gt;COPD and Bronchiectasis: Phenotype, Endotype or Co-morbidity ?&lt;br&gt;<em>James Chalmers (UK)</em></td>
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<tr>
<td>09.30 – 10.45</td>
<td><strong>SESSION 6: ASTHMA &amp; COPD CONTROL STILL AN UNMET NEED?</strong>&lt;br&gt;Chairs: J. C. Virchow (Germany), S. Centanni (Italy)</td>
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<tr>
<td>09.30 – 09.50</td>
<td><strong>Asthma Control: Trials and Guidelines</strong>&lt;br&gt;<em>Alberto Papi (Italy)</em></td>
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<tr>
<td>09.50 – 10.10</td>
<td><strong>COPD Control: Trials and Guidelines</strong>&lt;br&gt;<em>Marc Miravitlles (Spain)</em></td>
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<td>10.10 – 10.30</td>
<td><strong>Real Life Patients vs. DBPC trials</strong>&lt;br&gt;<em>J. Christian Virchow (Germany)</em></td>
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<tr>
<td>10.30 – 10.45</td>
<td><strong>Discussion</strong></td>
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<tr>
<td>10.45 – 11.15</td>
<td><strong>COFFEE BREAK</strong></td>
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<tr>
<td>11.15 – 11.45</td>
<td><strong>KEYNOTE LECTURE</strong>&lt;br&gt;Chair: M. Elliott (UK)&lt;br&gt;Is NIV working in real life?&lt;br&gt;<em>Miquel Ferrer (Spain)</em></td>
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<tr>
<td>11.45 – 12.15</td>
<td><strong>CLOSING LECTURE</strong>&lt;br&gt;Chair: V. Brusasco (Italy)&lt;br&gt;Do we really need ACOS?&lt;br&gt;<em>Klaus Rabe (Germany)</em></td>
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<td>12.15 – 13.00</td>
<td><strong>POSTER AWARDS &amp; CLOSING REMARKS</strong>&lt;br&gt;Chairs: F. Blasi, G.W. Canonica, S. Centanni, A. Torres, J.C. Virchow</td>
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TOPICS

Asthma management
COPD and bronchiectasis
Exacerbations
New treatments in Asthma
NIV – Not Invasive Ventilation
OSAS - Obstruction Sleep Apnea Syndrome
Overlap Syndrome
Patient adherence
Pneumonia & COPD
Treatment and Prevention
Severe Asthma
SUBMISSION FOR THE CALL FOR RISING STAR

WHAT YOU GET

Two young researchers / clinicians, selected by a strict process, will have the opportunity to:

- Present a 15 minutes speech at the beginning of the Congress during the “Rising Star” session scheduled on Friday 15 January 2016 in front of the international audience of about 500 specialists;
- Receive the personal feedback of the Presidents and Chairmen of the congress who will provide useful advices for the development of the winners’ career as researchers and international congress speakers;
- Be hosted by the congress that will waive registration fee and take care of travel and accommodation costs.

HOW TO SUBMIT YOUR CANDIDATURE:

In order to participate in the selection process, please present before 3 November 2015 the following documents:

- Full academic curriculum including publications and / or poster presentations made in the past
- Complete abstract of the original work you would like to present during the congress.

Abstracts can be submitted exclusively online via the congress website. Select the abstract category: “Rising Star”

Should you not have Internet access, please contact the Organizing Secretariat (+377 97 97 35 55).

SELECTION CRITERIA

Compulsory criteria:

- Abstracts should be related to the topics of the congress.
- The candidate should be the first author of the abstract.
- The abstract should be original
- The abstract should be presented in English
- The candidate should not have been included in the faculty of a previous international congress

The main selecting criteria will be the relevancy and scientific value of the abstract presented, evaluated by the chairmen of the congress. The choice will be made at the Chairmen’s discretion. In case of equality the following priority criteria will be applied.

Priority criteria

- Age: Priority to researchers / clinicians under 42;
- Provenience: priority to researchers / clinicians working in low–income countries - with limited access to funds.

All the candidates will receive written communication about the outcome of submitted papers around 20 November 2015.

Not selected abstracts for the “Rising star” session could be eligible for poster presentation and may compete for the poster prize. See the instructions here.
ABSTRACT SUBMISSION FOR POSTER PRESENTATIONS

WHAT YOU GET

Accepted poster presenters will have the opportunity to:

- Present orally their work during the strolling poster session scheduled on Sunday 17 January 2016 from 8:00 to 9:00.
- Receive the personal feedback of the Presidents and Chairmen of the congress.
- Have the abstract published in the Abstract Book.
- Be chosen for the Scientific Research Awards for Poster Presentations that will grant to the winning presenters the following benefits:
  - Free registration to the 4th International Workshop on Lung Health
  - Presenter’s name, profile, abstract and poster published on the congress website
  - Presenter’s name and title of the abstract published on the post–congress newsletter distributed to more than 6.000 European Professional in Respiratory Medicine.

Authors presenting a poster during the oral poster session should be registered participants. Posters will not be displayed from unregistered authors.

HOW TO SUBMIT YOUR ABSTRACT

In order to participate in the selection process, please present before 12 November 2015 the following documents:

- Full academic curriculum including publication and/or poster presentation made in the past
- Complete abstract of the original work you would like to present during the congress.

Abstracts can be submitted exclusively online via the congress website before 12 November 2015

Select the abstract category: “Poster”

Should you not have Internet access, please contact the Organizing Secretariat (+377 97 97 35 55).

Notification on acceptance of the abstract(s) will be e-mailed to the presenting author by 20 November 2015 and authors must register for the congress and pay the registration fee before 24 November 2015 to benefit from the early bird registration fee. Otherwise authors need to register by 03 January 2016 in order to confirm their poster presentation. Failure to do this could result in losing the possibility to present the poster during the congress.
GENERAL RULES TO SUBMIT AN ABSTRACT

- Abstracts should be written in English and the complete abstract must not exceed the box space (320 words). Abstracts could contain formulas, pictures or graph.
- For each abstract a presenting author should be identified.
- All the communications concerning the abstract will be sent to the submitter who will be responsible for informing the other authors of the status of the abstract.
- Submitting an abstract you should select the appropriate category (“Rising Star” or “Poster”)
- Submitting an abstract you should select the appropriate topic among the ones identified for the congress.
- Structured abstracts are mandatory stating clearly the Background/Aims, Methods, Results and Conclusions.
- We recommend that you prepare your text in a word processing programme (e.g. Microsoft Word) and then copy-paste the final text into the online abstract submission form.
- Abstracts must be submitted on or before the closing date (3 November 2015 for rising star, 12 November 2015 for Poster). The organizers reserve the right to reject any abstract for failure to comply with submission instructions mentioned on the congress website.
- It is possible to submit more than one abstract. However, only one presenting author per abstract is permitted.
- Please ensure that your abstract does not contain spelling, grammatical or scientific errors. No corrections are possible after the submission deadline. The abstract will be reproduced exactly as submitted. No proofreading will be done.
- The presenting author must accept full responsibility for the content, submission and presentation of the abstract, and retain full copyright of their abstract and presentation. By submitting an abstract, authors give consent and authorize the organizers to publish or submit for publication their abstract, presentation, picture and biography, and to include them in any congress printed or electronic publications.
- Submitters can go back and make changes to an abstract submitted when it is as a draft copy until the deadline. However, please note that finalized abstracts cannot be edited after approving the drafts.
- Conflict of Interest/Disclosure: Abstracts submitted for presentation must include an acknowledgement of any commercial funding sources. Authors should declare all commercial interests.
- All studies must have been approved by institutional committees on ethics of experimental and human investigations.

If you have any questions regarding abstracts please contact: lunghealth@publiccreations.com
REGISTRATION AND PAYMENT

Please register as early as possible in order to benefit from the Early Registration Fee. Registrations can be made directly through our website www.lung-health.org (on-line payment by credit card is in a secure certificate mode). Please note that registration will only be confirmed once payment has been received. An invoice, that will serve as a confirmation letter of registration, will be sent to all delegates upon receipt of their payment.

REGISTRATION FEES (PLUS FRENCH VAT 20%)*

<table>
<thead>
<tr>
<th>Registration fee</th>
<th>Before 24 November 2015</th>
<th>From 25 November 2015 to 7 January 2016</th>
<th>Late After 7 January 2016 and on-site</th>
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</thead>
<tbody>
<tr>
<td>AREA 1 (Canada, North America, Europe Region, South Pacific)</td>
<td>€ 415</td>
<td>€ 498</td>
<td>€ 585</td>
</tr>
<tr>
<td>AREA 2 (Mexico, Central America, Caribbean Region, South America, Middle East)</td>
<td>€ 246</td>
<td>€ 318</td>
<td>€ 387</td>
</tr>
<tr>
<td>AREA 3 (Africa, Asia)</td>
<td>€ 195</td>
<td>€ 265</td>
<td>€ 315</td>
</tr>
<tr>
<td>TRAINEES / STUDENTS**</td>
<td>€ 195</td>
<td>€ 225</td>
<td>€ 265</td>
</tr>
</tbody>
</table>

* Rates are without VAT established by the French Authorities (actually 20%). In case of modifications of VAT rates, Publi Creations reserves the rate to inform the Client and readjusts quotes.

**Please, provide certification

For each registration an handling fee of 15 € + VAT will be applied to cover bank or credit card expenses.

REGISTRATION FEE INCLUDES

- Attendance to the Main Scientific Session
- Congress kit
- Welcome Reception
- Lunch and Refreshments during breaks
- Entrance to the Poster Area & Exhibition

CANCELLATIONS AND REFUNDS

Cancellation or modification of registration must be sent in writing to the Organizing Secretariat Publi Créations (lunghealth@publiccreations.org).

Before 24 November 2015 all fees will be refunded minus 40 Euro + VAT for administrative charges. All refunds will be settled after the meeting.

After 24 November 2015 no refunds will be made.

After 24 November 2015 all name changes will be invoiced € 35 + VAT.
Hotel Fairmont Monte-Carlo****
12 Avenue des Spélugues
Monaco

In addition to being one of the most prestigious Monte Carlo hotels, the Fairmont Monte Carlo, entirely equipped of WIFI access, is also one of the largest in Europe, boasting 602 guest rooms, residences and suites, two restaurants, a bar, and an high standard service for all its international guests. Right by the sea, The Fairmont Monte Carlo enhances its splendid entrance hall with an immense picture window, which allows the guests to cast their eyes directly into the Mediterranean Sea. The hotel is few minutes’ walk away from the town center.

From Hotel Fairmont there will be direct walking access to the congress center Salle d’Or.

<table>
<thead>
<tr>
<th>HOTEL</th>
<th>Single Room</th>
<th>Double Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hotel FAIRMONT****</td>
<td>€ 189</td>
<td>€ 215</td>
</tr>
</tbody>
</table>

The above rates are in Euro per day and include buffet breakfast, taxes and service fees.

In case of modifications in VAT established by the French Authorities, Publi Créations reserves the right to inform the Client and readjusts quotes.

For each payment an handling fee of 10 € + VAT will be applied to cover bank or credit card expenses.
HOTEL ACCOMMODATION AND PAYMENT

HOTEL RESERVATIONS

Deadline for hotel reservation is 10 December 2015. After this date room reservations cannot be guaranteed.

Please book your hotel accommodation as early as possible in order to secure your stay.

Hotel rooms can be reserved and booked directly through our website www.lung-health.org (on-line payment by credit card is in a secure certificate mode).

Please note that hotel rooms will be confirmed once payment has been received (amount of the entire length of stay). Rooms will be allocated on a first come, first served basis. An invoice, which serves as confirmation of your accommodation booking, will be sent to you upon receipt of the payment. In case of no-show, the deposit is not refundable and the reservation will be automatically cancelled.

METHODS OF PAYMENT:

Payments must be made in Euro by one of the following methods:

- By Bank Transfer: please transfer the payment to PUBLI CRÉATIONS S.A.M.
  Bank Julius BAER (Monaco) - 1, avenue des Citronniers - MC 98000 Monaco (MC)
  IBAN: MC 23 1450 8000 0151 0479 3001 D18 - Bic (swift) BAERMCMC
  The payment transfer should be net of all charges to our Company and it should clearly state “3rd International Workshop on Lung Health”

- By Credit Card: all major credit cards are accepted. Please enter the credit card number and expiration date in the appropriate space on Form.

- By Internet: www.lung-health.org - where an online Form is available. Payment by credit card is in a secure certificate mode.

CANCELLATIONS AND REFUNDS

Cancellation or modification of accommodation booking must be sent in writing to the Organizing Secretariat Publi Créations (lunghealth@publiccreations.org).

Before 31 October 2015 all hotel rooms will be refunded minus 40 Euro + VAT for administrative charges.

Between 1 November and 10 December 2015 1 roomnight will be charged.

After 10 December no refunds will be made.

All refunds will be settled after the meeting.
GENERAL INFORMATION

ADMISSION
The participant’s name badge will be provided at the registration desk. All participants are requested to wear the badge throughout the congress. Only badge holders will be admitted to the appropriate sessions, exhibition and social events.

CERTIFICATE OF ATTENDANCE
The certificate of attendance will be downloadable from the website www.lung-health.org using your personal credentials sent by e-mail, starting from January 19th, 2016.

For Sponsored Groups: Please note that to send the certificate of attendance to each participant, we will need the personal e-mail for each one.

Certificate of attendance could be delivered only to registered participants who attend the congress.

EUROPEAN ACCREDITATION
European Accreditation with UEMS (European Union of Medical Specialists) and EBAP (European Board of Accreditation) will be requested for this programme.

LANGUAGE
The official language of the Congress is English. No simultaneous translation will be provided.

CLIMATE
Monaco benefits in average of 300 days of sunshine a year.

In January the weather is usually sunny the average temperature is 12° C during the day. Showers are possible but not so frequent in January.

ELECTRICITY
The standard voltage in Monaco is 220 V.

INSURANCE
The Congress organizers cannot accept liability for personal injuries sustained, or for loss or damage to property belonging to Congress participants, either during or as a result of the Congress. Registration does not include insurance. It is strongly recommended that you take an insurance policy of your choice as you register for the Congress and book your travel.

LETTER OF INVITATION
The Secretariat will be pleased to send letters of invitation to any individual making such request. A letter of invitation often facilitates the procedure of obtaining a Visa. Please note that the letter is not a commitment on the part of the Workshop to provide any financial support.

SECRETARIAT
The secretariat desk will open on Friday, 15 January and stay open all through the Congress.
**GETTING THERE**

**AIRPORT**

The Nice Côte d’Azur International Airport is a major gateway to Southern Europe and only 22 kilometres from Monaco. Comfortable and rapid travel is provided by numerous direct flights. Further information and a list of all the airlines flying to Nice can be found at www.nice.aeroport.fr.

**TRANSFER FROM / TO THE AIRPORT**

**By taxi:**

Prices for taxi transfers from Nice Airport to Monaco or from Monaco to Nice Airport are as follows:

- Day fares from € 90 to € 120 (one way)
- Night fares from € 95 to € 130 (one way)

Taxis are available outside the airport or can be ordered 24 hours a day on the following telephone numbers:

- in Nice +33 4 93 13 78 78
- in Monaco 0820 20 98 98

**By Airport Shuttle Express**

The Shuttle Express bus No. 110 runs from Nice Airport, Terminal 1 and 2, every 30 minutes, from 09.00 to 21.00. The bus will take the participant directly to the Hotel Fairmont. Departure Monaco: please check the schedule at the bus stop right outside the hotel or at www.uk.niceairportxpress.com

**By Helicopter**

Heli Air Monaco offers numerous daily connections (every 30 minutes) from Nice Airport to Monaco – only 7 minutes away by helicopter. Upon arrival in Monaco, a complimentary shuttle service will take you to your hotel. Please check with Heli Air for your pick-up time and for departure at fabien@heliairmonaco.com

phone +377 92 05 00 33
fax +377 92 05 00 51
www.heliairmonaco.com

**TRAVELLING BY TRAIN**


From Italy the new service Thello will connect directly Northern Italy (departure from Venice, Padua, Milan, Genoa, etc.) to Monaco 3 times per day. Please visit the website: www.thello.com.